


Perquimans Seniors
Activity Calendar
426-5404
www.pcsejuniors.org



Aug-19
August 21st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Computer Stations Fitness Room Open 8:30am - 4:30pm			EMS 10:30-Noon Wednesday August 7th	Billiards 8-5 1 TOPS 10am Choir 1pm Afternoon Games 1pm Line Dancing 6pm	Billiards 8-5 2 Exercise Class 10am Afternoon Games 1pm Yoga 3pm	3
4	5 Billiards 8-5 Exercise Class 10am Rook & Afternoon Games 1pm	6 Billiards 8-5 Van Trip 8:30am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm T'AI CHI Class 3pm	7 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Birthday Celebrations 12:15pm Afternoon Games 1pm Bingo 2pm	8 Billiards 8-5 TOPS 10am Horseshoes 10-11:30am Choir 12:15pm Afternoon Games 1pm Line Dancing 6pm	9 Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	10
11	12 Billiards 8-1&3-5 Exercise Class 10am Afternoon Games 1pm Basic Billiards with Bobby 1-3pm	13 Billiards 8-5 Fishing Trip 8am Billiards Tournament 9:30am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI Class 3pm	14 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am The Hertford House 11am (Register) Afternoon Games 1pm Bingo 2pm	15 Billiards 8-5 Friendship Rocks 9am Walk with Penny 9am TOPS 10am Choir 12:30pm Afternoon Games 1pm Line Dancing 6pm	16 Billiards 8-5 Exercise Class 10am Senior Celebration 12:30pm & Afternoon Games Yoga 3pm	17
18	19 Billiards 8-1&3-5 Exercise Class 10am Afternoon Games 1pm Basic Billiards with Bobby 1-3pm	20 Billiards 8-5 Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm T'AI CHI Class 3pm	21 Billiards 8-5 Beg Line Dance 8:15am-8:45am Line Dance 8:45am Exercise Class 10am Hearing Services 11:00am (Register) Afternoon Games 1pm Bingo 2pm	22 Billiards 8-5 TOPS 10am Croquet 10-11:30am Choir 12:30pm Afternoon Games 1pm Grief Support 2-3pm Night Out 4:30pm Line Dancing 6pm	23 Billiards 8-5 Exercise Class 10am Show and Tell 11am Afternoon Games 1pm	24
25	26 Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	27 Billiards 8-5 Doodles & Dots 10am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI Class 3pm	28 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am History with Phil 11am Afternoon Games 1pm Bingo 2pm	29 Billiards 8-5 Kayaking 8am TOPS 10am Choir 12:15pm Afternoon Games 1pm Line Dancing 6pm	30 Billiards 8-5 Exercise Class 10am Bocce 10-11:30am Afternoon Games 1pm Yoga 3pm	31  Social 6-9pm